

## Supervisors (S) and Individual Mentors (M)

Nina Avedon, LICSW (S)  
Malcolm Beaudett, M.D. (S, M) – NH  
David Diamond, M.D. (S, M)  
Lilia Feinberg, M.D. (S, M)  
Ned Graham, Ph.D. (S) – Maine  
Maida Greenberg, Ed.D. (S, M)  
Neal Kass, M.D. (S) – Concord, MA  
Delia Kostner, Ph.D. (S) – Northern MA, NH  
Peter Lawner, Ph.D. (S)  
Cathy Loula, M.D. (S, M)  
Donna Mathias, M.D. (M)  
Anna Ornstein, M.D. (S)  
Diane Pearlman, LICSW (S)  
Ava Bry Penman (S, M)  
Kenneth Reich, Ed.D. (S, M)  
Alexandra K. Rolde, M.D. (S)  
Carol Rubin, Ph.D. (S, M)  
Stephanie Dee Smith, LICSW (S, M)  
Mark Steinberg, Ph.D. (S)  
Paula Wolk, M.D. (S)  
Susan Workum, M.D. (S)

### Continuing Education Credits – Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through joint provider status of the American Psychoanalytic Association and the PINE Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 58 hours in Category 1 towards the AMA PRA Category 1 Credit(s)™. Physicians should claim only the commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION TO ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose. The PINE Psychoanalytic Center is approved by the American Psychological Association to sponsor continuing education for psychologists.

The PINE Psychoanalytic Center maintains responsibility for this program and its content. Social Workers may telephone 781-449-8365 or e-mail office@pineanalysis.org for CE authorization number.

## Application for the Psychodynamic Psychotherapy Fellowship

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Professional Degree \_\_\_\_\_

Where did you hear about the Fellowship Program?  
Please be as specific and detailed as you can.

\_\_\_\_\_  
\_\_\_\_\_

Please provide the names and phone numbers of two professional references who are familiar with your work.

\_\_\_\_\_  
\_\_\_\_\_

Please attach a curriculum vitae and a brief essay (500 words or less) describing yourself, your experience, your current situation, and your interest in the Fellowship Program.

Please indicate here if you may need some financial assistance. (circle one) Yes No

Once your application is received, we will contact you to set up an interview.

Send completed application (CV, essay, license, certificate of malpractice insurance) and \$250 deposit to:

PINE, P.O. Box 920762, Needham, MA 02492



## The PINE Psychoanalytic Center

## 2018-2019 Psychodynamic Psychotherapy Fellowship Program

PINE PSYCHOANALYTIC CENTER, INC.  
P.O. Box 920762  
Needham, MA 02492  
781-449-8365  
www.pineanalysis.org

An affiliate of the  
American Psychoanalytic Association and the  
International Psychoanalytical Association

# Announcing the PINE Psychodynamic Psychotherapy Fellowship Program for 2018-2019

The PINE Psychoanalytic Center is offering a Psychodynamic Psychotherapy Fellowship Program for 2018-2019. PINE is well known for our small classes, collegial approach to learning, and careful attention to the professional development of each student. The Fellowship will be limited to 8 fellows and is designed for early career psychotherapists or therapists who wish to deepen their knowledge of psychodynamic theories and techniques.

The core portion of the Fellowship will consist of group discussions facilitated by one or two teachers on Thursday evenings from 7:30-9:30 p.m. There will be five teaching modules each taught by different teachers throughout the year. The Fellows' current clinical experience will be used as a springboard for questions about basic psychodynamic/psychoanalytic concepts and techniques alongside readings of related literature. Listening and responding to each others' clinical material will provide an experience of collegial supervision. Fellows will also be taught clinical writing skills and have the opportunity to write up and present a clinical case to Fellowship faculty, supervisors, and individual mentors in the last month of the Fellowship program.

Each fellow will be provided with:

1. An individual mentor for professional/career advising
2. A clinical supervisor, if needed, to enhance the development of psychotherapy skills
3. Access to psychoanalytic literature through PEP-web
4. Participation in PINE's clinical discussion group and community programs.

Mental health clinicians of all disciplines are encouraged to apply. We welcome diversity in our Fellows to maximize our learning from each other.

Tuition: \$2,800 (\$1,500 is applied to supervision); if an applicant already has an outside supervisor, tuition is reduced: \$1,300. A \$250 deposit is due with the application. The deposit will be refunded (minus a \$50 processing fee) if the applicant is not accepted or withdraws. The remaining tuition is due by August 1st, although plans can be made to pay in installments. Up to 58 CE/CME credits are available. Limited scholarship assistance can be considered on request.

Applications will be accepted through June, 2018. We will be interviewing applicants to make our final selections, and the 2018-2019 Fellows will be announced on July 15, 2018. If there are additional places for Fellows beyond that date, applications will be considered on a rolling basis.

If you are interested, please contact the PINE administrator, Alice Rapkin, for an application. She can be reached at 781-449-8365 or office@pineanalysis.org.

If you have questions about the program, please contact Bliss Rand, M.D. at blissrand@gmail.com or 617-417-5399 or Diane Pearlman, LICSW at dgpearlman@comcast.net or 781-652-8320.

## Educational Objectives

By the end of the fellowship, participants should be able to:

1. Assess a patient's readiness for psychodynamic psychotherapy and establish a therapeutic frame and working alliance that ensures safe boundaries
2. Create an initial formulation and remain aware of the evolution of your understanding as treatment progresses
3. Describe the influence of different theoretical models of the mind on the therapeutic approach
4. Identify transference, countertransference, depth of engagement, capacity to grieve
5. Assess the presence of trauma, dissociation, repetition-compulsion, and negative therapeutic reaction
6. Define regression and attunement to shifts in the patient's developmental "age"

7. Write up and orally present a clinical course of treatment demonstrating self-inquiry, relevant theoretical models, and use of supervision

## Faculty and Dates for teaching (omitting holidays): Thursday evenings, 7:30-9:30 p.m.

*(Locations to be determined by teachers)*

### FALL OF 2018:

**Bliss Rand, M.D. (Faculty, PINE) and Mark Steinberg, Ph.D. (Adjunct Member, PINE; Faculty, MIP)**

9/20/18, 9/27/18, 10/4/18, 10/11/18, 10/18/18

**Carol Rubin, Ph.D. (Faculty, PINE; Faculty, BPSI Child Program) and Susan Workum, M.D. (Faculty, PINE)**

10/25/18, 11/1/18, 11/8/18, 11/15/18

**John Rosario, Psy.D. (Member, MIP) Sessions on Clinical Writing**

11/29/18, 12/6/18

### WINTER/SPRING OF 2019:

**Cathy Loula, M.D. (Reciprocal Member, PINE; Member, BPSI) and Donna Mathias, M.D., (Faculty, PINE and BPSI)**

1/3/19, 1/10/19, 1/17/19, 1/24/19, 1/31/19

**Neal Kass, M.D. (Faculty, PINE; Faculty, PINE/ BPSI Child Program)**

2/14/19, 2/21/19, 2/28/19, 3/7/19

**Carol Rubin, Ph.D. and Cathy Loula, M.D.**

3/14/19, 3/21/19, 3/28/19, 4/4/19, 4/11/19

**Presentations by Fellows with Faculty, Supervisors, Individual Mentors**

4/18/19, 4/25/19, 5/2/19, 5/9/19