

Supervisors (S) and Individual Mentors (M)

Nina Avedon, LICSW (S)
Malcolm Beaudett, M.D. (S, M) – NH
David Diamond, M.D. (S, M)
Lilia Feinberg, M.D. (S, M)
Ned Graham, Ph.D. (S) – Maine
Maida Greenberg, Ed.D. (S, M)
Neal Kass, M.D. (S) – Concord, MA
Delia Kostner, Ph.D. (S) – Northern MA, NH
Peter Lawner, Ph.D. (S)
Cathy Loula, M.D. (S, M)
Donna Mathias, M.D. (M)
Diane Pearlman, LICSW (S)
Ava Bry Penman (M)
Kenneth Reich, Ed.D. (S, M)
Alexandra K. Rolde, M.D. (S)
Carol Rubin, Ph.D. (S, M)
Stephanie Dee Smith, LICSW (S, M)
Paula Wolk, M.D. (S)
Susan Workum, M.D. (S)

Continuing Education Credits – Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through joint provider status of the American Psychoanalytic Association and the PINE Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 50 hours in Category 1 towards the AMA PRA Category 1 Credit(s)™. Physicians should claim only the hours commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION TO ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

The PINE Psychoanalytic Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The PINE Psychoanalytic Center maintains responsibility for this program and its content. Social Workers may telephone 781-449-8365 or e-mail office@pineanalysis.org for CE authorization number.

Application for the Psychodynamic Psychotherapy Fellowship

Name _____

Address _____

City _____ State ____ Zip _____

Telephone _____

Email _____

Professional Degree _____

Where did you hear about the Fellowship Program?
Please be as specific and detailed as you can.

Please provide the names and phone numbers of two professional references who are familiar with your work.

Please attach a curriculum vitae and a brief essay (500 words or less) describing yourself, your experience, your current situation, and your interest in the Fellowship Program.

Please indicate here if you may need some financial assistance. (circle one) Yes No

Once your application is received, we will contact you to set up an interview.

Send completed application (CV, essay, license, certificate of malpractice insurance) and \$250 deposit to:

PINE, P.O. Box 920762, Needham, MA 02492



The PINE Psychoanalytic Center

2019-2020 Psychodynamic Psychotherapy Fellowship Program

PINE PSYCHOANALYTIC CENTER, INC.
P.O. Box 920762
Needham, MA 02492
781-449-8365
www.pineanalysis.org

An affiliate of the
American Psychoanalytic Association and the
International Psychoanalytical Association

Announcing the PINE Psychodynamic Psychotherapy Fellowship Program for 2019-2020

The PINE Psychoanalytic Center is offering a Psychodynamic Psychotherapy Fellowship Program for 2019-2020. PINE is well known for its small classes, collegial approach to learning, and careful attention to the professional development of each student. The Fellowship will be limited to 8 fellows and is designed for early career psychotherapists or more experienced therapists who wish to deepen their knowledge of psychodynamic theories and techniques.

The core portion of the Fellowship will consist of group discussions facilitated by two faculty members on Thursday evenings from 7:30-9:30 p.m. There will be six workshops, each taught by different teachers, from late September through May, 2020. In most of the classes fellows and instructors will discuss psychodynamic concepts and techniques which are referred to in readings and come to life in discussions about clinical experience. Two of the workshops focus on listening and writing; fellows will make use of process material and vignettes as the basis for learning new skills. All of our classes are based on an educational philosophy of mutual learning and collegial supervision.

Each fellow will be provided with:

1. A clinical supervisor to enhance the development of psychotherapy skills
2. An individual mentor, if requested, for professional/career advising
3. Access to psychoanalytic literature through an electronic library (PEP-web)
4. Participation in PINE's clinical discussion groups and community programs.

Mental health clinicians of all disciplines are encouraged to apply. We welcome diversity to maximize learning from each other.

Tuition: \$2,800 (\$1,500 is applied to supervision); if an applicant already has an outside supervisor, tuition is reduced: \$1,300. To ensure a Fellowship space, a \$250 deposit is due with the application. The deposit will be refunded (minus a \$50 processing fee) if the applicant is not accepted or withdraws. The remaining tuition is due by August 1st, although plans can be made to pay in installments. Up to 50 CE/CME credits are available. Limited scholarship assistance can be considered on request.

Applications will be accepted through June, 2019. We will be interviewing applicants to make our final selections, and the 2019-2020 Fellows will be announced on July 15, 2019. If there are additional places for Fellows beyond that date, applications will be considered on a rolling basis.

If you are interested contact the PINE administrator, Alice Rapkin. She can be reached at office@pineanalysis.org or 781-449-8365. If you have questions about the program, contact Bliss Rand, M.D. at blissrandfellowship@gmail.com or 617-417-5399.

Educational Objectives

By the end of the fellowship, participants should be able to:

1. Assess a patient's readiness for psychodynamic psychotherapy and establish a therapeutic frame and working alliance that ensures safe boundaries
2. Create an initial formulation that is hypothetical and therefore open to change as your experience and understanding of your patient evolves
3. Describe the influence of different theoretical models of the mind on the therapeutic approach
4. Identify transference, countertransference, and the shifts in the therapeutic relationship
5. Assess the impact of both therapist's and the patient's personal factors and external stressors
6. Describe the imprint of early attachment, developmental history, and trauma on the therapeutic process
7. Develop the ability to describe in narrative form clinical process and the course of treatment over time.

Faculty and Dates for teaching (omitting holidays): Thursday evenings, 7:30-9:30 p.m.

(Locations to be determined by teachers)

FALL OF 2019:

Bliss Rand, M.D. (Faculty, PINE) and Mark Steinberg, Ph.D. (Adjunct Member, PINE; Faculty, MIP)

Considerations in the Initial Assessment and Phases of Psychodynamic Psychotherapy
9/26/19, 10/3/19, 10/10/19, 10/17/19, 10/24/19

Carol Rubin, Ph.D. (Faculty, PINE; Faculty, BPSI Child Program) and Susan Workum, M.D. (Faculty, PINE)

Formulation
10/31/19, 11/7/19, 11/14/19, 11/21/19, 12/5/19

Elissa Arons, M.D. (Faculty, BPSI; Member, PINE) and Bliss Rand, M.D.

Developing the Skills to Write about Clinical Work
12/12/19, 12/19/19

WINTER/SPRING OF 2020:

Cathy Loula, M.D. (Reciprocal Member, PINE; Member, BPSI) and Donna Mathias, M.D., (Faculty, PINE and BPSI)

Transference/Countertransference and the Therapeutic Relationship
1/9/20, 1/16/20, 1/23/20, 1/30/20, 2/6/20

Carol Rubin, Ph.D. and Cathy Loula, M.D.

A Developmental Approach to Clinical Work
2/13/20, 2/20/20, 2/27/20, 3/5/20

Diane Pearlman, LICSW (Faculty, PINE) and Linda Shaw, Psy.D. (Member, PINE and BPSI)

Analytic Listening
3/12/20, 3/19/20, 3/26/20, 4/2/20

Presentations by Fellows with Faculty, Supervisors, Individual Mentors

4/16/20, 4/23/20, 4/30/20, 5/7/20