

## **Announcing the PINE Psychodynamic Psychotherapy Fellowship Program for 2021- 2022**

The PINE Psychoanalytic Center is offering a Psychodynamic Psychotherapy Fellowship Program for 2021-2022. PINE is well known for its small classes, collegial approach to learning, and careful attention to the professional development of each student. The Fellowship will be limited to 6 fellows and is designed for early career psychotherapists or more experienced therapists who wish to deepen their knowledge of psychodynamic theories and techniques.

The core portion of the Fellowship will consist of group discussions facilitated by one or two faculty members on Thursday evenings from 7:30-9:30 p.m. There will be six workshops, each taught by different teachers, from late September through May, 2022. In most of the classes fellows and instructors discuss readings about psychodynamic concepts and techniques that come to life in discussions about clinical experience. One of the workshops focuses exclusively on clinical moments and process. In another workshop fellows will make use of clinical vignettes and process material to learn about how to describe the therapist's experience and ideas. All of our classes are based on an educational philosophy of mutual learning.

Each fellow will be provided with:

1. A clinical supervisor to enhance the development of psychotherapy skills
2. An individual mentor, if requested, for professional/career advising
3. Access to psychoanalytic literature through an electronic library (PEP-web)
4. Participation in PINE's clinical discussion groups and community programs.

Mental health clinicians of all disciplines are encouraged to apply. We welcome diversity to maximize learning from each other.

Tuition: \$2,800 (\$1,500 is applied to supervision). To ensure a Fellowship space, a \$250 deposit is due with the application. The deposit will be refunded (minus a \$50 processing fee) if the applicant is not accepted or withdraws. The remaining tuition is due by August 1st, although plans can be made to pay in installments. Up to 52 CE/CME credits are available. Limited scholarship assistance can be considered on request.

Applications will be accepted through July, 2021. We will be interviewing applicants to make our final selections, and the 2021-2022 fellows will be announced on a rolling basis. If more places are available after that date, applicants will be considered.

If you are interested, please contact the PINE administrator, Alice Rapkin. She can be reached at [office@pineanalysis.org](mailto:office@pineanalysis.org) or 781-449-8365. If you have questions about the program, please contact Bliss Rand, M.D. at [blissrandfellowship@gmail.com](mailto:blissrandfellowship@gmail.com) or 617-417-5399.

## **Educational Objectives**

By the end of the fellowship, participants should be able to:

1. Assess a patient's readiness for psychodynamic psychotherapy and establish a therapeutic frame and working alliance that ensures safe boundaries
2. Create an initial formulation that is hypothetical and therefore open to change as your experience and understanding of your patient evolves
3. Describe the influence of different theoretical models of the mind on the therapeutic approach
4. Identify transference, countertransference, and the shifts in the therapeutic relationship
5. Assess the impact of personal factors and external stressors on clinical work
6. Describe the imprint of early attachment, developmental history, and trauma on the therapeutic process
7. Develop skills to describe the clinical process.

**Faculty and Dates for Teaching (omitting holidays):**  
**Thursday evenings, 7:30-9:30 p.m.**  
*(Locations to be determined by teachers)*

**FALL OF 2021:**

**Bliss Rand, M.D. (Faculty, PINE) and Mark Steinberg, Ph.D. (Adjunct Member, PINE; Faculty, MIP)**  
*Considerations in the Initial Assessment and Phases of Psychodynamic Psychotherapy*  
9/23/21, 9/30/21, 10/7/21, 10/14/21, 10/21/21

**Carol Rubin, Ph.D. (Faculty, PINE; Faculty, BPSI Child Program) and Regina Koziyevskaya, M.D. (Faculty, PINE)**  
*Formulation*  
10/28/21, 11/4/21, 11/11/21, 11/18/21

**Bliss Rand, M.D.**  
*Developing the Skills to Write about Clinical Work – Part I*  
12/2/21, 12/9/21

**WINTER/SPRING OF 2022:**

**Cathy Loula, M.D. (Reciprocal Member, PINE; Member, BPSI) and Donna Mathias, M.D., (Faculty, PINE and BPSI)**  
*Transference/Countertransference and the Therapeutic Relationship*  
1/13/22, 1/20/22, 1/27/22, 2/3/22, 2/10/22

**Carol Rubin, Ph.D. and Cathy Loula, M.D.**  
*A Developmental Approach to Clinical Work*  
2/17/22, 2/24/22, 3/3/22, 3/10/22, 3/17/22

**Faculty to be announced**  
*Analytic Listening*  
3/24/22, 3/31/22, 4/7/22, 4/14/22, 4/21/22

**Writing Workshop: Part II followed by Presentations of Written Work**  
5/5/22, 5/12/22, 5/19/22, 5/26/22

## **Supervisors (S) and Individual Mentors (M)**

Nina Avedon, LICSW (S)

Malcolm Beaudett, M.D. (S, M) – NH

M. Carole Drago, LICSW (S)

Ned Graham, Ph.D. (S) – Maine

Maida Greenberg, Ed.D. (S)

Neal Kass, M.D. (S) – Concord, MA

Delia Kostner, Ph.D. (S, M) – Northern MA, NH

Peter Lawner, Ph.D. (S)

Cathy Loula, M.D. (S, M)

Donna Mathias, M.D. (S, M)

Martin Miller, M.D. (S)

Diane Pearlman, LICSW (S, M)

Kenneth Reich, Ed.D. (M)

Alexandra K. Rolde, M.D. (S, M)

Carol Rubin, Ph.D. (S, M)

Linda Shaw, Psy.D. (S, M)

Paula Wolk, M.D. (S, M)

## **Continuing Education Credits – Accreditation**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PINE Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 52 hours in Category 1 towards the AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION TO ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose. The PINE Psychoanalytic Center is approved by the American Psychological Association to sponsor continuing education for psychologists. PINE maintains responsibility for the program and its content.

The PINE Psychoanalytic Center maintains responsibility for this program and its content. Social Workers may telephone 781-449-8365 or e-mail office@pineanalysis.org for CE authorization number.

**Application for the Psychodynamic  
Psychotherapy Fellowship**

Name

Address

City \_\_\_\_\_ State \_\_\_\_ Zip

Telephone

Email

Professional Degree

Where did you hear about the Fellowship Program?  
Please be as specific and detailed as you can.

Please provide the names and phone numbers of two professional references who are familiar with your work.

Please attach a curriculum vitae and a brief essay (500 words or less) describing yourself, your experience, your current situation, and your interest in the Fellowship Program.

Please indicate here if you may need some financial assistance. (circle one) Yes No

Once your application is received, we will contact you to set up an interview.

Send completed application (CV, essay, license, certificate of malpractice insurance) and \$250 deposit to:

PINE, P.O. Box 920762, Needham, MA 02492