



2026–2027 Year 1 Fellowship

PINE is offering a one-year fellowship introducing psychotherapeutic concepts and techniques based on psychoanalytic theory and practice. Fellows in this program will read about and discuss core psychoanalytic principles and share clinical experience as a way of bringing these ideas to life. Readings will include basic texts to anchor important concepts and techniques as well as classic and contemporary papers presenting intrapsychic, interpersonal/relational, and the emerging social/intersectional perspectives.

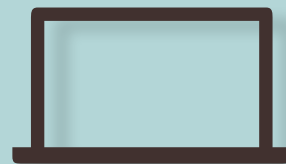
There will be an optional second year in which the focus will be on models of the mind. Fellows read materials written by specific thinkers representative of major “schools” of psychoanalytic thought and technique. At the end of the year fellows will present process material with the goal of applying a wide range of ideas that have now become familiar as they consider the flow of a therapy session. Following the second year it is not unusual for our fellows to continue together to study topics of their choosing. They may choose to study a particular classic or contemporary text in depth. Beyond the fellowship years, some of our fellows have continued to study together as a peer group.



6

max class size

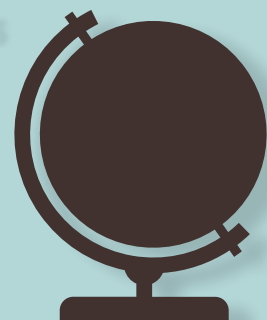
7:30 PM to
9:30 PM
Thursdays



Classes
Held
Virtually

Diverse Cohorts

Australia
California
Canada
China
Massachusetts
Nebraska
New Hampshire





Psychodynamic Supervision



Licensed early career clinicians with an interest in working psychodynamically or more experienced psychotherapists who wish to deepen their understanding of psychoanalytic principles and process are welcome to apply for the first year of our program.

PINE is well known for its small class size, collegial approach to learning, and the individual attention paid to each clinician's interests and professional development. All of our classes are based on the educational philosophy of mutual learning and teaching.



Fall/Winter

Psychodynamic Psychotherapy/An Introduction

Bliss Rand, MD (retired) and Vivian Qiu, MA

9/24, 10/1, 10/8, 10/15, 10/22 (2026)

Formulation

Malcom Beaudett, MD and Hui Wang, MA

11/5, 11/12, 11/19, 12/3 (2026)

Teletherapy

Vincent Pignatiello, PsyD

12/17 (2026)



Winter/Spring

Ethical Practice

Meg Pilling, PsyD

1/7, 1/14 (2027)

*Transference/Countertransference and the
Therapeutic Relationship*

Donna Mathias, MD and Vincent Pignatiello, PsyD

1/28/27, 2/4, 2/11, 2/18, 2/25 (2027)

A Developmental Approach to Clinical Work

Carol Rubin, PhD and Cathy Loula, MD

3/11, 3/18, 3/25, 4/1, 4/8 (2027)

Listening to Process

Beth Childs, MD and Jan Sobieraj, MD

4/22, 4/29, 5/6, 5/13 (2027)



PINE Psychoanalytic Society
of New England

Supervisors (S) and Members

Nina Avedon, LICSW
Malcolm Beaudett, MD
Peter Lawner, PhD
Cathy Loula, MD
Donna Mathias, MD
Carol Rubin, PhD
Paula Wolk, MD

**More information about members of the PINE Psychoanalytic Society
can be found [here](#).**

Continuing Education Credits – Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the PINE Psychoanalytic Society of New England. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 52 AMA PRA Category 1 Credit. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

The PINE Psychoanalytic Society of New England is approved by the American Psychological Association to offer continuing education for psychologists. The PINE Psychoanalytic Society of New England maintains responsibility for the program and its content. Social Workers may telephone the PINE Administrative Office at 781-449-8365 or office@pineanalysis.org for CE authorization number.



Educational Objectives for the Year 1 Fellowship

By the end of the fellowship, participants should be able to:

1. Discuss basic concepts which describe some of the key aspects involved in the practice of psychodynamic psychotherapy
2. Create an initial formulation that is open to change as your experience and understanding of your patient evolves
3. Describe the influence of different theoretical models of the mind on the therapeutic approach
4. Identify transference, countertransference, and shifts in the therapeutic relationship
5. Assess the impact of personal factors and external circumstances on clinical work
6. Describe the imprint of early attachment, developmental history, and trauma on the therapeutic process
7. Demonstrate skills involved in practicing both ethically and with a depth of attunement in the clinical encounter.

Tuition and Costs

Tuition for the first year program is \$2,800 of which \$1,500 is applied to 30 weekly supervision sessions. To ensure a Fellowship space, a \$50 deposit is due with the application. [Download the application here.](#) The deposit will be refunded if the applicant is not accepted. The remaining tuition is due by August 1st, although plans can be made to pay in installments.

Limited Financial Aid Available Upon Request



Application for the Psychodynamic Psychotherapy Fellowship
Application Deadline July 31, 2026

Name	
Address	
City	
State/Province	
ZIP Code	
Country	
Telephone	
Email	
Professional Degree	

Where did you hear about the Fellowship Program? *(please be specific)*

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Please provide the names and contact information of two professional references who are familiar with your work.

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Additional Materials

- ☐ Curriculum Vitae
- ☐ License
- ☐ Malpractice Insurance
- ☐ Essay (500 words or fewer describing yourself, your experience, your current situation, and interest in the fellowship)
- ☐ \$50 Deposit

Send completed application to: PINE, P.O. Box 920762, Needham, MA 02492 or office@pineanalysis.org
Once your application is received, we will contact you to set up the interview.